

OCTOBER 2026 - SENIOR ACTIVITY CENTER

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	Classes, Activities & Special Events (Ages 50+) ADDRESS: 107 S. Broad St., Gastonia, NC 28052 HOURS OF OPERATION: Monday thru Friday 9 AM – 5 PM & Thursday 9 AM – 8 PM ACTIVITY ROOMS: -Billiards Room - Media Lounge - Art Room -Book & Puzzle Lounge -Weight/Exercise Room - Card Room - Ceramic Room <i>**All activity rooms available during normal operating hours unless organized programming is scheduled**</i> For more information, please call (704) 866-6848 			1 Instructional Ceramics 9 AM - 1 PM Mahjong Free Play 1 PM – 4 PM Cornhole/Table Tennis 1 PM – 4 PM Chair Volleyball 4 PM – 6 PM <i>*New time*</i>	2 Cardio Line Dance 9:30 AM – 11 AM / \$5 <i>**Sign up required @ Bodyworks-linedance.com</i> Chair Yoga 11:30 AM - 12:45 PM / \$2	
4	5	6	7	8	9	10
	Advanced Oil Painting w/ Cam 9 AM – 12 PM / \$20 Chair Volleyball 10 AM – 12 PM Hand, Foot & Elbow 12 PM - 4 PM Beginner Acrylic Painting w/ Cam 1 PM – 3 PM / \$15 <i>(Sign up required)</i> Instructional Mahjong 1 PM – 4 PM <i>(Sign up required)</i>	Instructional Ceramics 9 AM - 1 PM Estate Planning with McIntyre Law 10 AM – 11 AM <i>(Sign up required)</i> Arts and Craft Club 10 AM – 4 PM Tabletop Tuesday 12 PM - 4 PM Hatha Yoga 3:30 PM - 5 PM / \$5	Line Dance - Beginner 12:30 PM – 1:30 PM / \$3 Hand, Foot & Elbow 12 PM - 4 PM	Instructional Ceramics 9 AM - 1 PM Mahjong Free Play 1 PM – 4 PM Cornhole/Table Tennis 1 PM – 4 PM Chair Volleyball 4 PM – 6 PM <i>*New time*</i>	Cardio Line Dance 9:30 AM – 11 AM / \$5 <i>**Sign up required @ Bodyworks-linedance.com</i> Chair Yoga 11:30 AM - 12:45 PM / \$2	
11	12	13	14	15	16	17
	Advanced Oil Painting w/ Cam 9 AM – 12 PM / \$20 Chair Volleyball 10 AM – 12 PM Hand, Foot & Elbow 12 PM - 4 PM	Instructional Ceramics 9 AM - 1 PM Tabletop Tuesday 12 PM - 4 PM Learn how to play SPADES 2 PM Hatha Yoga 3:30 PM - 5 PM / \$5	Line Dance - Beginner 12:30 PM – 1:30 PM / \$3 Hand, Foot & Elbow 12 PM - 4 PM	Instructional Ceramics 9 AM - 1 PM Oak Street Health - Medicare Educational Seminar 10 AM – 11 AM Mahjong Free Play 1 PM – 4 PM Cornhole/Table Tennis 1 PM – 4 PM Chair Volleyball 4 PM – 6 PM <i>*New time*</i>	Cardio Line Dance 9:30 AM – 11 AM / \$5 <i>**Sign up required @ Bodyworks-linedance.com</i> Chair Yoga 11:30 AM - 12:45 PM / \$2	
18	19	20	21	22	23	24
	Advanced Oil Painting w/ Cam 9 AM – 12 PM / \$20 Chair Volleyball 10 AM – 12 PM Hand, Foot & Elbow 12 PM - 4 PM Beginner Acrylic Painting w/ Cam 1 PM – 3 PM / \$15 <i>(Sign up required)</i>	Instructional Ceramics 9 AM - 1 PM Arts & Crafts Club 10 AM – 4 PM Tabletop Tuesday 12 PM - 4 PM Billiard Tournament 1 PM <i>(Sign up required)</i> Hatha Yoga 3:30 PM - 5 PM / \$5	Line Dance - Beginner 12:30 PM – 1:30 PM / \$3 Hand, Foot & Elbow 12 PM - 4 PM	Instructional Ceramics 9 AM - 1 PM Mahjong Free Play 1 PM – 4 PM Cooking Class with Amanda Parker 11:30 AM – 12:30 PM <i>(Sign up required)</i> Cornhole/Table Tennis 1 PM – 4 PM Chair Volleyball 4 PM – 6 PM <i>*New time*</i> *PUMPKIN PICK UP 1 PM – 8 PM* 	Cardio Line Dance 9:30 AM – 11 AM / \$5 <i>**Sign up required @ Bodyworks-linedance.com</i> Chair Yoga 11:30 AM - 12:45 PM / \$2	
25	26	27	28	29	30	31
	Advanced Oil Painting w/ Cam 9 AM – 12 PM / \$20 Chair Volleyball 10 AM – 12 PM Hand, Foot & Elbow 12 PM - 4 PM	Instructional Ceramics 9 AM - 1 PM Table Top Tuesday 12 PM - 4 PM Learn how to play BIDWHIST 2 PM Hatha Yoga 3:30 PM - 5 PM / \$5	Line Dance - Beginner 12:30 PM – 1:30 PM / \$3 Hand, Foot & Elbow 12 PM - 4 PM	Instructional Ceramics 9 AM - 1 PM Mahjong Free Play 1 PM – 4 PM Cornhole/Table Tennis 1 PM – 4 PM Chair Volleyball 4 PM – 6 PM <i>*New time*</i>	Cardio Line Dance 9:30 AM – 11 AM / \$5 <i>**Sign up required @ Bodyworks-linedance.com</i> Chair Yoga 11:30 AM - 12:45 PM / \$2	

PUMPKIN DECORATING CONTEST DISPLAY WEEK - VOTE FOR YOUR FAVORITE PUMPKIN!

OCTOBER 2026 – OFFSITE ACTIVITIES

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
				1	2	3
	Offsite Addresses: Bradley Center: 1200 Modena St., Gastonia, NC 28052 Rankin Lake Clubhouse: 1750 Rankin Lake Rd., Gastonia, NC, 28052				Senior Dance 7 PM – 10 PM Doors open at 6 PM \$5 a person "The Good Time Band"	
						
4	5	6	7	8	9	10
		Instructional Pickleball 12 PM - 2 PM High Beginners Pickleball 2 PM - 5 PM	Senior Picnic 12 PM – 3:30 PM			
11	12	13	14	15	16	17
		Instructional Pickleball 12 PM - 2 PM High Beginners Pickleball 2 PM - 5 PM	BINGO! 2 PM – 4 PM			
18	19	20	21	22	23	24
		Instructional Pickleball 12 PM - 2 PM High Beginners Pickleball 2 PM - 5 PM				
25	26	27	28	29	30	31
		Instructional Pickleball 12 PM - 2 PM High Beginners Pickleball 2 PM - 5 PM				